Dear Carer,

______________________is currently participating in The K9 Weight Challenge- a 12 week weight loss program for dogs. ________________’s owner has been doing a brilliant job at helping their dog work towards a healthy doggy target weight.

To support their weight loss efforts it is very important to maintain the current calorie restricted intake. Please feed according to the following guidelines.

Total Daily calorie allowance: ____________________________

Food_____________________________ Amount fed per meal (weight or cups) ____________

No. of meals/day____________________

Food_____________________________ Amount fed per meal (weight or cups) ____________

No. of meals/day____________________

Total Daily treat allowance consists of: (if applicable please insert treat items and amount)

____________________________________________________________________________________

____________________________________________________________________________________

Current activity level requirements consists of 2 x _______ minute sessions per day. These sessions are comprised of

____________________________________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________

Please know that in helping to maintain the above food intake and activity levels are doing ___________the world of good! Thank you for your support in this weight loss mission- your assistance really is pivotal towards success.

Yours Gratefully,

Dr Charlotte Williamson BVSc MPH&TM (The K9 Weight Doctor)

www.\textit{K9weightchallenge}.com

PS- Please request an owner demonstration on how to accurately measure out the above food portions 😊